

## **I Arise Facing East**

I arise facing east  
I am asking towards the light  
I am asking that the day  
Shall be beautiful with light

I am asking that the place  
Where my feet are shall be bright  
That as far as I can see  
I shall follow it aright

I am asking for the courage  
To move forward through the shadows  
I am asking towards the light  
I am asking towards the light

words: Mary Austin/music: Deborah Langstaff ©1992  
Recorded on *Heartwalk*  
Kallet, Epstein and Cicone  
Overall Music OM-3  
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